

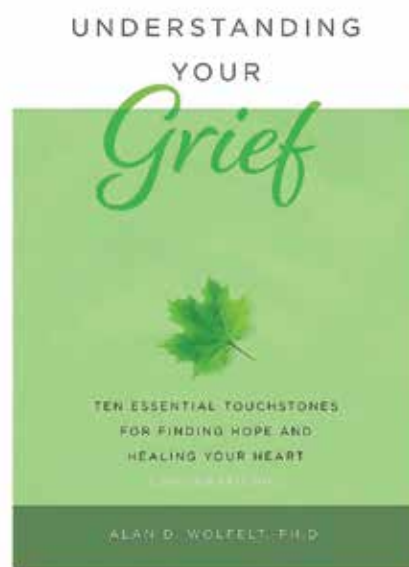
FACILITATOR TRAINING

FOR GRIEF SUPPORT GROUPS

Please purchase
Dr. Wolfelt's books
in advance →

- **Understanding Your Grief**
- **The Understanding Your Grief Journal**

*(available on Amazon, Indigo,
or in Kelowna from Clair Jantzen)*



Come prepared...

- the having read the book "Understanding Your Grief." Please do NOT begin the Journal. We will tackle that during the workshop.
- to address one or more of the losses of your own life (you can take someone else only as far as you have traveled).
- to be encouraged on your life's journey, inspired by your own healing and equipped to touch others in a meaningful way.

Reminders & Notes...

- Arrange your accommodations so you have some space to yourself
- Many local eating establishments are within walking and driving distance
- Kelowna has many hotels and there's always Airbnb
- Arrive rested—the training is intense and very personal!

Clair Jantzen
grief & loss therapist



presenter biography

Clair holds a Master's Degree in Clinical Counseling and is a Registered Professional Counselor with the Canadian Professional Counsellors Association (CPCA). He has also completed advanced training and is certified as a Support Group Facilitator with the Grief Recovery Institute.

He has over 40 years experience in counseling, support group facilitating and workshop presenting. From 1998 to 2019, he was employed at Springfield Funeral Home in Kelowna as grief counselor, celebrant and funeral director. Along the way, he developed a private counseling practice, providing loss and grief, marriage and family therapy. In addition, he provides supervision for those seeking accreditation with the CPCA.

He is a published author of *Tears in a Bottle – Stories of Life and Loss*, Trafford 2012 and “Living with Grief: Children and Adolescents, the Value of the Funeral and Viewing.”

Clair has been a guest lecturer at UBC Okanagan in the gerontology, social work and nursing departments, Okanagan College and other local private colleges. He has been an instructor for The Canadian College of Funeral Services for 8 years, teaching *The Psychology of Death, Dying and Disposition*.

He is a community instructor to schools, businesses and groups such as the Interior Alzheimer Society, Interior Health, BC Cancer Agency. He has been involved in “grief debriefing experiences” for caregivers in health care facilities, most recently for the Pursuit of Excellence Hockey Academy in Kelowna following the Humboldt tragedy.

He is passionate about caring for people, hoping to provide them with the necessary understanding and context for their life and its challenges.

Personally, he is married to Rachel (for 37 years), has two married children and two sweet little grandchildren. (He'll show you pictures!)

